



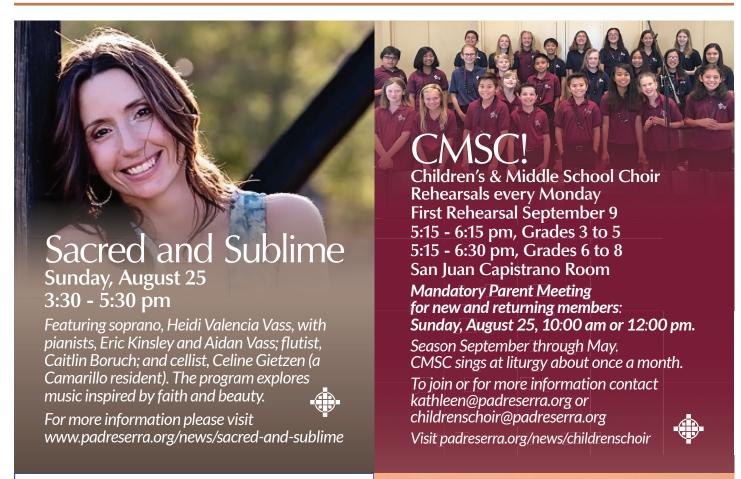
Encounter Jesus, Be Disciples

AUGUST 18, 2019 TWENTIETH SUNDAY IN ORDINARY TIME



Fridays in the Backyard was a success, thank you! (see page 9). Photo gallery at www.padreserra.org/news/friday





St. Vincent de Paul

"You shall love your neighbor as yourself. There is no other commandment greater than these." Mk12:31

St. Vincent de Paul is our parish's outreach ministry to the poor, hungry, homeless, struggling and needy in our midst. Every day our on-call ministers talk and meet with individuals and families who need financial assistance and resources to have a meal or safe shelter, to pay a utility bill, rent, medical bill, or for gas.

This wonderful work would not have been possible without God's help, your generous contributions, and the volunteer efforts of our Vincentians.

Did you know that our parish conference is one of many in Ventura County, joining with nearly 400 Vincentian volunteers who all combined have helped 14,000 people this past year?

If you would like to learn more about making a difference in someone's life, consider giving your

time, talent or treasure to SVdP, please contact Terri Korell korellhome@verizon.net or visit the team after mass today.











Faith Formation for Children and Teens Registration Final Days!

Come make friends, have fun and learn about our Catholic faith!

- · Little Church 3 years to K
- · Spark! Grades 1 through 5
- Three:Sixteen Grades 6 through 8
- · 4:12 High Sch<u>ool</u>
- Baptism for Grades 1 through 8
- · First Reconciliation and First Communion Grades 1 through 8
- · Youth Confirmation High School

Contact tere@padreserra.org. Registration packets available in the parish office or visit padreserra.org/news/faith-formation-registration

GATHERING

Send Down the Fire Gather #557

GLORIA



Reading 1

Jeremiah 38:4-6, 8-10

Reading 2

Hebrews 12:1-4

Gospel Reading

Luke 12:49-53

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GOSPEL ACCLAMATION



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My sheep
hear my voice,
says the Lord;
I know them,
and they
follow me.

John 10:27



INTERCESSION RESPONSE



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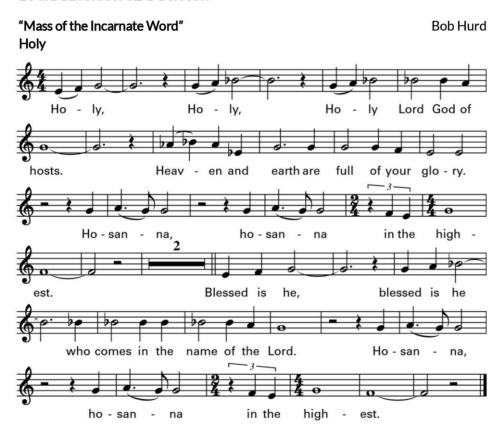
PREPARATION OF THE ALTAR AND GIFTS

As a Fire Is Meant for Burning

Gather #744



EUCHARISTIC ACCLAMATIONS



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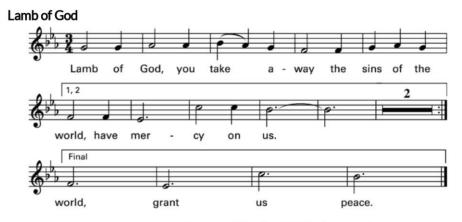




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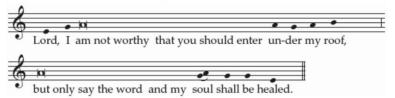
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Invitation to Communion

Priest: Behold the Lamb of God,

behold Him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

ALL:





COMMUNION SONGS

All That Is Hidden Gather #746

Holy God We Praise Thy Name Gather #615

SENDING FORTH

Canticle of the Turning Gather #622

Glory to God by Ed Bolduc; Lord, Come to My Aid by Steven C. Warner; Celtic Alleluia by Fintan O'Carroll & Christopher Walker; A Celtic Rune by Liam Lawton; Mass of the Incarnate Word by Bob Hurd are used with permission under OneLicense.net #A706294.

A Mindful Life

"Yesterday is gone. Tomorrow has not yet come. We have only today. Let us begin."
-Mother Teresa

Working with patients on the oncology unit, it became evident that living in the "now" was a most important endeavor. To be present, one must make the most of their time; live their life with purpose, dignity and support; make the most of this day, rather than getting too caught up in regrets for the past or fears of the future.

But we don't want to wait until we are sick to learn how to make "now" such an important part of our life. From the moment we are born, "now" is always what we have. The present moment is life itself.

One beautiful method of making the most of "now," is learning to be mindful; the practice of *mindfulness* – a nonjudgmental awareness of the present moment.

Mindfulness, in this sense, means bringing awareness to everyday life; to daily activities such as eating, walking, or doing chores. Each of these everyday activities gives us an opportunity to be mindful. These mindful moments connect us with life's rhythms, helping us relate more directly to our life and experience an encounter with God.

As an example, the concept of mindful eating – simply eating or drinking while being aware of each bite or sip – may be used at any time, with any meal, and regards food and its preparation as sacred. The process requires one's willingness to shift from being on automatic pilot or scarfing down a meal, to being fully aware of the moment as you eat.

Take note of what it is like to bite into a juicy plum. Appreciate the aroma and rich taste of that freshly brewed cup of coffee. Notice the crunch of the cucumber in your salad. Revel in the burst of scent and taste as you break open the skin of an orange. Savor that square of dark chocolate melting on your tongue.

The wisdom of ancient cultures shows that food has always been a tool for spiritual growth and healthy living. We are reminded to live consciously and with an awareness of how all aspects of life – from food, to actions, to spirit, to community – are connected with all of our senses.

Christian mindfulness is the practice and discipline of being aware of Christ's presence abiding with me the moment I wake up in the morning, while I eat, as I exercise, go about my work and throughout my day. Practice the presence of Christ today by taking the time to stop, to be mindful, to fill yourself with gratitude and to hear "Be still and know that I am God."

Siempre Adelante,

Ann Mulligan

Ann Mulligan RN, PHN Parishioner

Sign-up Time!

Faith Formation for Children and Teens ~ Final Days!

We are fortunate to have many kids enrolled already. Although spaces are still available, please register right away to get your preferred day and time. Live a life of faith, understanding, and love! Sacrament preparation is included if needed. Join a group! Registration Packets available in the parish office or visit www.padreserra.org/news/faith-formation-registration

Married Couples Retreat ~ Reserve Your Spot Now!

Registration is still open. All couples are encouraged to participate in this opportunity to enrich and strengthen your marriage, sacrament, and relationship with one another and God. \$400 per couple / \$100 deposit required at registration. Visit the parish office or contact Christine Olsen christine@padreserra.org. More info at www.padreserra.org/news/couples-retreat

Children

12 months to Grade 8.

Stay and Play ~ August 18, 25

Miss Nicole and Miss Andrea lovingly care for your little one (12 - 36 months) while you go to Mass. Stop by to see all the toys and fun. You are welcome to stay to be sure your toddler is settled. This is a no-cost service. Sundays during the 9:00 am and 11:00 am Masses. San Juan Bautista room. teresa@padreserra.org

Little Church Summer Sessions ~ August 18, 25

Sunday preschool for age 3 through kindergarten during 11:00 am Mass time only. Register your child as soon as they turn 3. soraya@padreserra.org

Baptism for School-Age Children

We have a loving and welcoming process through which children 6 years of age and older are prepared to be received into the Church. catherine@padreserra.org

Spark! at Home ~ Grades 1 to 5

In today's Gospel, Jesus tells us that following him can sometimes be hard. He invites us to live in peace, but he also calls us to make good choices and do what is right. Being Jesus' follower means we wouldn't make a bad choice just to make someone else happy. We wouldn't leave out someone because another friend asks us to.

Three:Sixteen at Home ~ Kids Grades 6 to 8

Peer pressure is a very powerful motivating force. It's not easy to go against the crowd. In this Sunday's Gospel, Jesus tells us that following him will often cause us to go against the crowd. We don't expect to hear such difficult words from Jesus in the Gospel. But it is good to be reminded once in a while that the decision to do the right thing, the good thing, is not always easy and without conflict.

High School

Everyone 14 to 18 is welcome!

4:12 (Pronounced four-one-two)

High school teens meet weekly to make connections, share their

insights and concerns, and grow in faith. They gather with young adult small group leaders and our Youth Minister. The name is from the first book of Timothy. youth@padreserra.org

Youth Confirmation

This two-year process for high school teens includes Sunday sessions, hands-on ministry, large and small group faith sharing, community events, retreats and service experiences that all culminate in receiving the sacrament. youth@padreserra.org

Youth & Young Adults

Everyone 18 to 29ish is welcome!

Sacred Heart Servants Mission ~ August 18

Help us welcome back our Sacred Hearts Servants. Conversation and refreshments in San Juan Capistrano room after 11:00 am Mass.

Young Adults

Everyone 18 to 29ish is welcome! youngadults@padreserra.org

Adoration ~ August 22

Come spend time with Jesus! The young adults will be in adoration in the chapel.

Food Truck Thursday ~ August 29

Join the Young Adults for the #TBT Food Truck Festival at the Camarillo Ranch House on the last Thursday of each month. The group meets at 7:00 pm in the San Juan Capistrano room to carpool and head up to Food Trucks at 7:15 pm. Hope to see you there.

Adults

Seeds of Faith ~ August 19

Do you wish for a relationship with God in the busyness of life and don't know where to start? Join our women's evening of spirituality as we journey through *Busy Lives and Restless Souls* by Becky Eldridge. 7:00 - 8:30 pm. Gwen gwendolynjoy1@hotmail.com

Healing from Divorce ~ August 20

Earthen Vessels offers a welcoming environment for people dealing with divorce, whether they are in the earliest stages of grief, the initial stages of coping with difficult changes, or whether they are through the worst of it and now looking to move forward, grow, and serve. 7:00 - 8:30 pm. The first step is to contact: Jett Clyne jettclyne@gmail.com

Ladies Night Out ~ August 21

Lemons on the Loose is a women's social gathering to share fellowship and laughter while playing Bonkers. \$5/person. Proceeds benefit Alex's Lemonade Stand. 7:00 - 8:30 pm. Kathy quannys5@yahoo.com or Michelle mcpaschens@gmail.com

Men's Ministry ~ August 28

Illuman is a ministry for men, by men, to honor the uniqueness of male spirituality. Bimonthly group gatherings are designed to help guys become better, more authentic men. 7:00 pm, San Miguel room. Dave dave.mccormick.mba@gmail.com



Military Family Ministry

Invites active and reserve military members and families to connect for fellowship, support, and engagement in our parish family for as short or as long as you're here. We'd love to hear from you. Contact Dave or Victor at militaryministry@padreserra.org

Adult Formation Opportunity ~ September 28

Save the date now for the Santa Barbara Regional Congress, a day to grow in the knowledge of the Catholic faith, to deepen spirituality, to increase catechetical, liturgical, and leadership skills, and to be challenged by a variety of current topics and presenters. Includes three workshops, prayer, and liturgical experiences, music, and exhibitors. 8:00 am - 5:00 pm, St. Bonaventure HS, Ventura. Watch for registration.

Giving

Thank You! Thank You!

Our Fridays in the Backyard were a success! Each week well over 60 adults and kids enjoyed the summer evening, eating, drinking, playing games, and each other's company. Many thanks to the following companies who donated to our parish picnic vegetable centerpieces: Boskovich Farm (cilantro), Houweling's Group (tomatoes), Oro Del Norte (avocados and lemons), and Smart and Final (jalapeños). Thanks to these folks for helping: our Confirmation candidates, volunteers, Knights of Columbus, and Establos. These restaurants generously donated gift cards for chili contest prizes: Slate Bistro & Craft Bar, Adolfo Grill & Daily Bar, and Agave Maria Mexican Restaurant. Visit the photo gallery at www.padreserra.org/news/friday

Memorial & Honorarium

Memorial & Honorarium Gifts

Be it a birthday, anniversary or graduation, remember or honor your loved one or friend through a gift to our building fund. Donate to Padre Serra. Envelopes are available in the narthex and office or visit www.padreserra.org/giving. For more information contact pam@padreserra.org

Volunteer

Faith Formation for Children and Teens

Think you're having fun now? Wait until you have volunteered! Lively instruction, spiritual depth, genuine caring, all in small groups with lots of adult support and ... all lesson plans and materials are provided! Help our team lead and teach children in grades 1 - 12. Is this for you? Contact tere@padreserra.org

In the Community

Rachel's Vineyard Retreat Weekend ~ October 4 - 6

A post-abortion retreat for men and women struggling with the emotional and spiritual pain of abortion, to work through grief and anger in a safe, nonjudgmental setting, and come to healing and hope for the future. This Catholic retreat utilizes spiritual exercises and rituals for grieving and forgiveness. Confidential inquiries/registrations: (323) 577-5693, www.rachelsvineyard.org

Becoming Catholic

Confirmation Preparation for Adults

Baptism, Confirmation, and Eucharist are called the Sacraments of Initiation because they are the foundation of the Christian life. Through these sacraments, we are immersed in the mystery of Jesus' saving death and resurrection. We have a comprehensive four-month process to prepare adults to be confirmed. The bishop celebrates Confirmation at the parish sometime in May. For more information or to register, please contact Catherine Shadduck at (805) 482·6417 x331 or catherine@padreserra.org. Visit www.padreserra.org/news/confirmation-adults

Faith Sharing

Reflection questions for every gathering around any table.

Luke 12:49-53 ~ Jesus, a Cause of Division

Christianity is counter-cultural and a serious disciple who follows in the footsteps of Jesus can expect opposition, even among family and friends. Have you ever experienced discord with family or friends because of Jesus or gospel values? How did you handle it? What did you learn from the experience?

Prayer Life

Pray for Our Sick

Terry Allman, Luz Amador-Rodriguez, Muriel Bannatz, Lorna Boulger, Brad Burr, Chris Comeau, Liesa Comeau, Shari Edie, Dennis Fanning, Eduardo Francisco, Lizzy Hammond, Mari Hill, Cindy Linz, Tricia Litherland, Akemi McLaren, Mark Medina, Marge Moran, Joe Presutto, Ed Sandell, Helen Shields, Dorothy Simmons, Jackson Soyster and Kylie Wilson. (Names are refreshed monthly.)

Remember Our Dead

Prayers for family and friends of those who have died recently:

Charito Cunanan, RIP

Richard Meissner, RIP

Beloved father of Chris Meissner

Kieran Sheehan, RIP

Forrest Sickler, RIP

Beloved husband of Sharon Sickler

Perfecta Soto, RIP

May they enjoy peace in their life with Christ Jesus.

Prayer Opportunities

Daily Readings: www.usccb.org

Morning Prayer: Monday - Friday 7:45 am, Church

Rosary: Monday - Friday 8:30 am, Church

Our Lady of Perpetual Help: Wednesdays 6:30 pm, Church Centering Prayer: Wednesdays 6:45 pm, Brides Room

Adoration: First Fridays 2:00 - 7:00 pm, Chapel

Prayer Chain: prayers anytime

Bette (805) 482·0067 bette_church@hotmail.com Shirley (805) 482·2617 brownshehorn@gmail.com

Mass Intentions: Monthly list is available in the parish office.

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- Is forgiveness possible?
- Is there more to life than this?
- · What happens when we die?
- How can I find purpose... meaning... hope?

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What is Alpha?

Alpha is a series of sessions exploring the Christian faith, typically run over eleven weeks. Each talk looks at a different question around faith and is designed to create conversation in a safe environment. You can be yourself... say what you think... challenge everything... no question is too complex. Each session includes a meal, a talk (video) and a discussion, all done in a welcoming, hospitable, non-judgmental environment.

Who is Alpha for?

Alpha is for everyone! People attend from all backgrounds and viewpoints, from those who don't believe at all, to those who are just curious, to those Christians who desire more.

How do I register?

Register online www.padreserra.org/news/alpha

For more information:

Teresa Runyon, (805) 482-6417 x322, teresa@padreserra.org

Alpha

